



THE BRITISH JUDO
COUNCIL INVITES
YOU TO...

THE BJC OPEN NATIONAL CHAMPIONSHIPS

ENTRIES AVAILABLE FOR BJC, BJA, AJA MEMBERS. PRIMARIES THROUGH TO SENIORS



**30th April
2023**

Kettering Arena Sports
Thurston Drive
Kettering
NN15 6PB
Northamptonshire



SPECTATORS £5
REGISTERED COACHES FREE

On production of valid coaching card

Including Primaries, Juniors, Senior Kyu & Dan Grades Over 100 Categories



The Arena Sports Thurston Drive, Kettering, Northamptonshire NN15 6PB

This event is for contestants of 8 years and over and will be by age and weight for primaries and juniors. Seniors will be by grade and weight. The intention is to allow participants greater opportunity to compete in fairly matched categories. **Seniors must be a minimum grade of 4th Kyu (Orange belt).** All Competitors must produce a valid BJC, BJA or AJA licence at the weigh in.

All competitors must register online before the closing date (Wednesday 26th April Midday)

www.bjcjudoevents.org.uk

Please be aware that if you do not make the weight you have registered in then you will be charged a £3.00 administrative fee to transfer you into your correct weight.

8-9 years old Boys	Girls	10-11-12 years old Boys	Girls	13-14-15 years old Boys	13-14-15 years old Girls		
-24	-28	-27	- 32	-38	-36		
-27	-32	- 30	-36	-42	-40		
-30	-36	-34	-40	-46	-44		
-34	-40	-38	- 44	-50	-48		
-38	- 44	-42	- 48	-55	-52		
-42	Over 44	-46	- 52	-60	-56		
-46		-50	Over 52	-66	-61		
-50		-55		-73	-65		
Over 50		Over 55		Over 73	Over 65		
Please make sure you enter into the correct Category.		Senior Kyu Grades 16 + Orange & Green Male Female		Senior Kyu Grades 16 + Blue & Brown Male Female		Senior Dan Grades 1st Dan & Above Male Female	
		-60	- 48	-60	- 48	-60	- 48
		-66	- 52	-66	- 52	-66	- 52
		-73	- 57	-73	- 57	-73	- 57
		-81	- 63	-81	- 63	-81	- 63
		-90	-70	-90	-70	-90	-70
		-100	- 78	-100	- 78	-100	- 78
		Over 100	Over 78	Over 100	Over 78	Over 100	Over 78

Please note; you must enter your EXACT weight on the entry form in order that we can allocate your pool. As far

as possible, we will be working within the BJC weight groups as stated in the BJC Contest Rules.

The organiser reserves the right wherever necessary to withdraw, split or combine any categories without prior notice.

The sole intent is to ensure as fair a category as possible. Where a category is split or combined, the medal allocation will be adjusted accordingly. It is intended that pools will run with not less than four contestants per category. In the event that it is not possible to contest a category because of insufficient entries, the entrant, parent or coach of any entrant so affected, may withdraw the entrant with a full refund of the competition fee only.

WEIGHING IN TIMES

Saturday 29 th April	4:30pm to 6:00pm	All categories
Sunday 30 th April	8:30 am to 9:15am	Ages 8, 9
	9.30 am to 10:15am	Ages 10, 11, 12, 13, 14, 15
	10.30am to 11.15am	Senior Grades 16 plus Orange, Green Belts
	11.30am to 12.15pm	Senior Grades 16 plus Blue, Brown, Dan Grades

Grade, Age & Weight Event - Enrolment Procedure



Online registration

All competitors wishing to enter this event must register online by midday of Wednesday 26th April. The System automatically closes at midday and entries will not be received after this time.

All entries must be paid for by 2.00pm on Wednesday 26th April.

No late entries will be accepted.

Register at www.bjcjudoevents.org.uk

NO ENTRIES WILL BE TAKEN ON THE DAY

Pay and confirm

Ø Once you have paid for your finalised entry your e-ticket will be sent by email a few days prior to the championship which you must print out and present at the weigh in. No other format of ticket presentation will be accepted.

Ø Failing to present your paper e-ticket will require a duplicate to be provided at a cost of £3.00.

Ø The closing date for all amendments and final payment is Wednesday 26th April 2023

How to pay for entries

Your entries can be paid by:

- 1.. Online at time of booking by Credit or Debit Card using our secure payment system.
2. Telephone using debit/credit card (charges apply) contact BJC HQ on 01692 580900 (Monday to Friday 9am - 2pm).
3. By cheque, made payable to BJC and sent to:
British Judo Council, 37 High Street, Stalham, Norfolk NR12 9AH (All cheques must be received by the closing date Wednesday 27th April Midday)

ENTRY FEE £28.00 per person

A 10 % discount can be claimed by registered BJC clubs entering Ten or more club members.

Spectators £5.00

- Spectator tickets can be Pre purchased and collected at the weigh in.
- can be purchased on the day by card payment at the weigh in
- Can be purchased at the entrance to the main arena cash only.

Conditions of Entry

1. Entrants must produce a current BJC, BJA or AJA licence on registration.
2. Entrants licence must include a photograph and date of birth.
3. Closing date for all entries is the 26th April, payment must be made by 2.00 pm .
4. We reserve the right to restrict any category, merge any category with an adjacent category or cancel any Category without prior notice (in the later event the entry fee will be refunded)
5. The event, or part thereof may be videoed and/or photographs taken. If you object to your child's image being used please notify the Mat Marshall and all reasonable steps will be taken to ensure that this does not happen.
6. The Weigh-in will be strictly controlled. One 'weigh' per competitor with removal of jacket only, is permitted.
7. It is a condition of entry that entrants, their parents and their coaches satisfy themselves that the entrant is in a physical condition to participate in the event. Any doubts should be referred to Head Office at least one week before the tournament (or the Tournament Director, on the day, if some thing has arisen immediately prior to the event).
8. Competitors who belong to more than one Judo association must enter and wear their highest grade.
9. **Plain white Judo suit with no stripes etc, it is not permitted to cover over stripes or reverse the Jacket.**

Competition Regulations

1. The event will be run under BJC Contest Rules.
These can be found at:http://www.bjcjudoevents.org.uk/bjc_contest_rules.pdf
2. No coaching of competitors will be allowed during their contests
3. For reasons of safety, no refreshments, drinks etc. to be taken to the side of the mat.
Drinking water will be available from the table
4. For reasons of safety, all competitors must comply with the regulations regarding footwear ie. Zori only to be worn to the side of the mat. Trainers, Crocs or everyday shoes are not permitted
5. For reasons of safety, any competitor deemed to not be sufficiently competent technically, physically or mentally to compete will be withdrawn by the presiding official in his/her absolute discretion
6. No person at all is permitted to encroach upon the competition or official's area without permission

Restricted and Prohibited Techniques

The following techniques are not permitted for Juniors (under 16 years): Armlocks, Strangles, Sacrifice throws, Leg or Ankle Grabs, Maki komi (winding throw), Kata guruma, Drop Knee Seoi nage

The following techniques are not permitted for ANY contestant: Kubi nage (neck throw with one or both arms)

The following techniques are restricted to Seniors only and only as detailed below:

1. Kata Guruma may be used but Tori must stay on his/her feet throughout the course of the throw.
2. Drop Knee Seoi Nage may be used, but three non-scoring attempts in a row will incur a penalty.
3. Leg or ankle grabs are permitted only as a counter or combination technique not as a primary attack. You can take and use the leg if it is off the ground eg. as a response to a Hiza Guruma attack. You may not hook the leg into the air (eg. in a Ko Uchi Gari or similar style) with the express intent to then use it for a leg grab technique.
4. Contestants are expected to take a grip within a reasonably short period of time, any extended grip fighting or unnecessary breaking of grips, will be discouraged with a penalty.