

The British Judo Council Presents The North London Area President's Course

Saturday and Sunday 23rd and 24th November, 2024

Venue - High Wycombe Judo Centre; Barry Close; High Wycombe HP12 4UE

Saturday					Sunday		
	Mat 1	Mat 2	Mat 3	off mat course	Mat 1	Mat 2	Mat 3
9.50	course opens				course opens		
10.00	Kaeshi no Kata and General Kata (Coaching organised by the Kata Development Group)	Tachi waza Part 1 (Riki Urquart and Laurie Craig and assistants)	Refereeing course (presented by the Refereeing Development Group)	Table Official's course - level 2. (Delivered by the Table Official development group)	Kata examinations and Theory examinations for grading	National Grading	Tachi waza Part 2 (Riki Urquart and Laurie Craig and assistants)
11.00							
12.00							
13.00							
14.00							Ne waza Part 2 (Riki Urquart and Laurie Craig and assistants)
15.00	Kaeshi no Kata and General Kata (Coaching organised by the Kata Development Group)	Ne waza Part 1 (Riki Urquart and Laurie Craig and assistants)	Refereeing course (presented by the Refereeing Development Group)	Table Official's course - level 2. (Delivered by the Table Official development group)	Course Closes		
16.00							
17.00							
18.00	General Randori for all						
19.00							